Harm REDUCTION:

Exploring the social and community context regarding harm reduction

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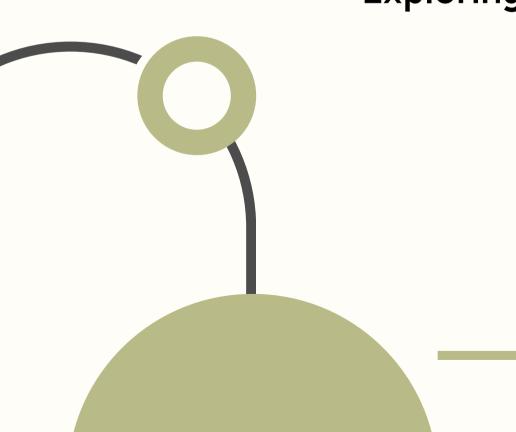




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01. What is Social and **Community Context?**





Social and community context is one of the five social determinants of health. The Network for Public Health Law describes this determinant as the environment where people spend their lives, and the relationships made within said environments (The Network for Public Health Law, n.d).





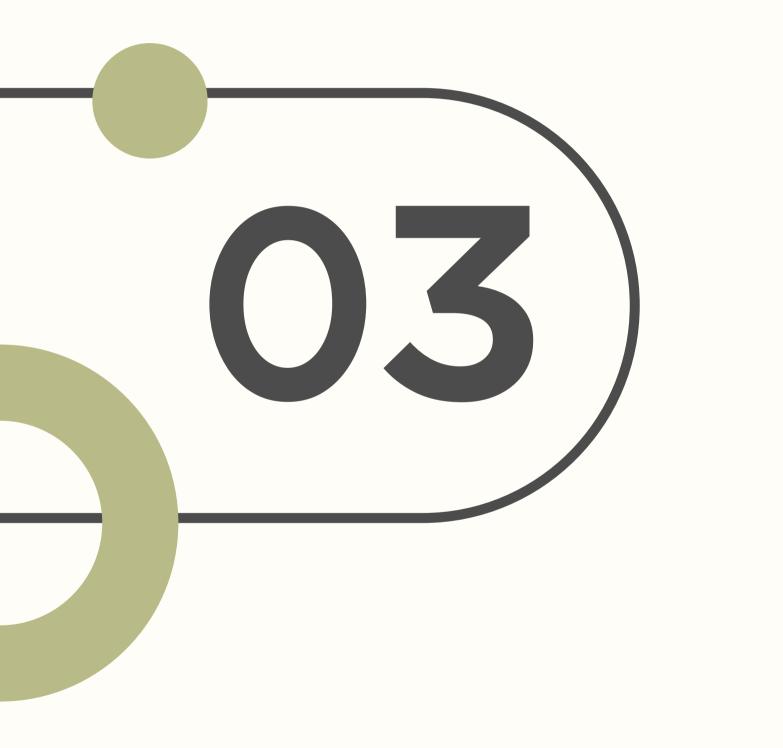
Relating Social and Community Context to Harm Reduction

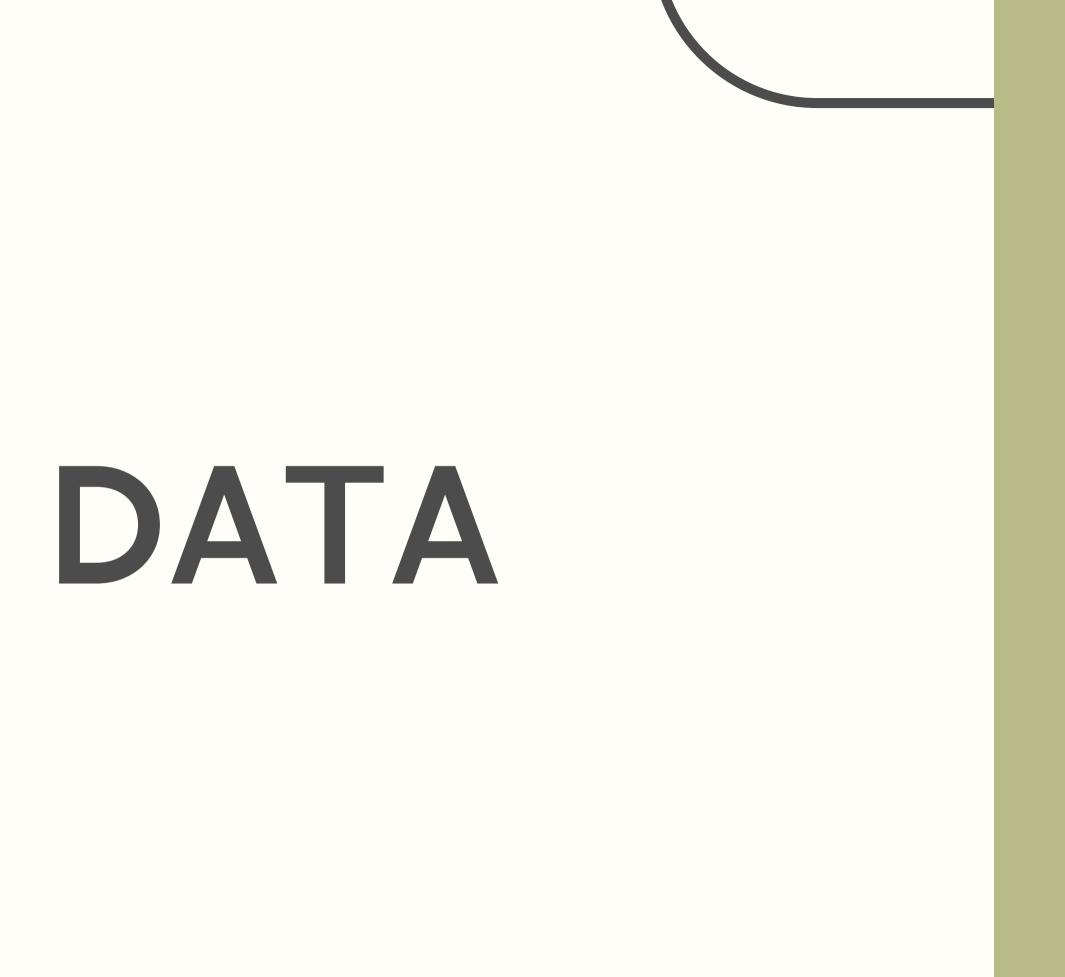
SOCIAL AND COMMUNITY **ENGAGEMENT IS CRITICAL**

One of the main reasons harm reduction is so proactive are the people surrounding it. According to SAMHSA, formulating ways to connect with those who use drugs can prevent overdose and positively influence sectors of well-being (Substance Abuse and Mental Health Services Administration, 2023).

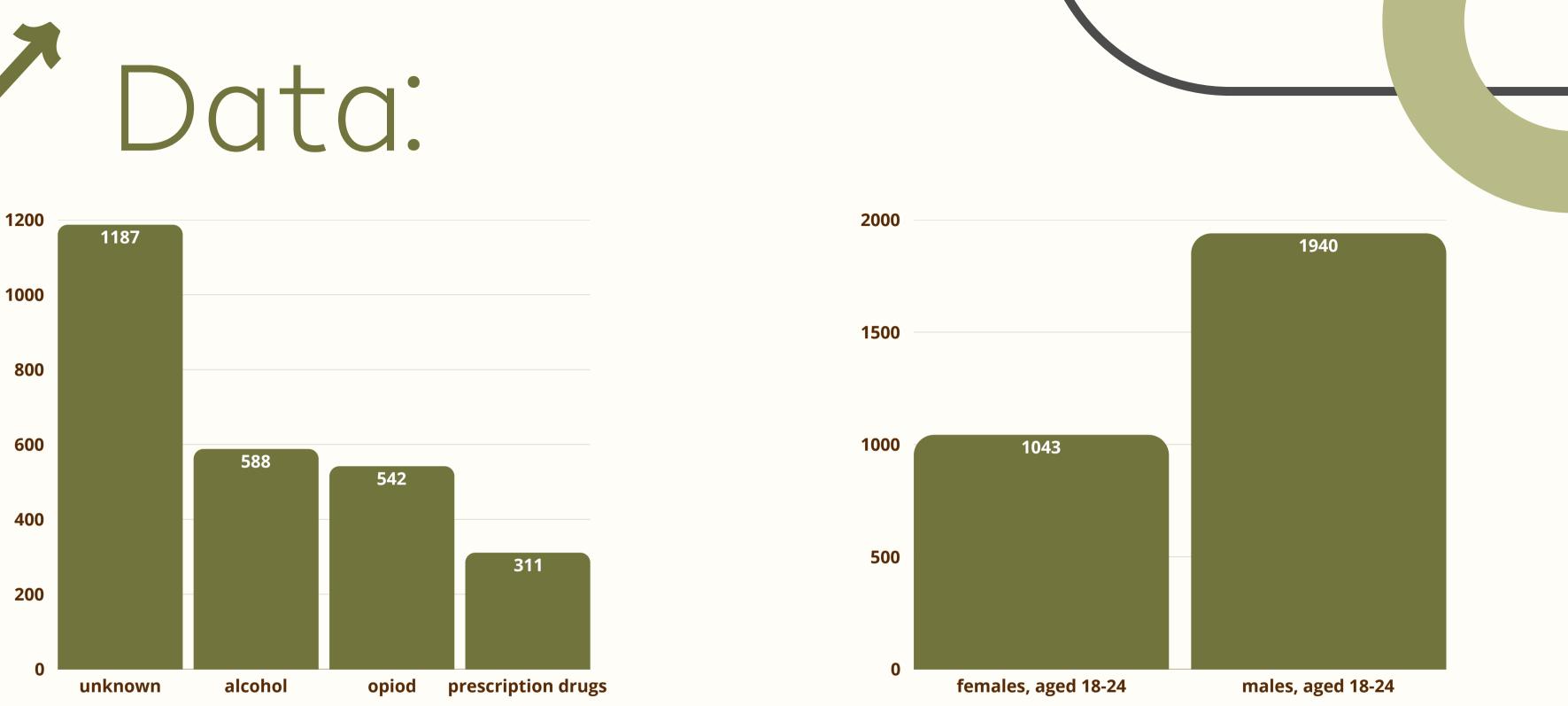


Using the community to build relationships with drug users and advocators for harm reduction can provide education to everyone. Said education has the power to save lives. SAMHSA also expresses the benefits of communitybased harm reduction programs, in which they "meet people where they are — on their own terms, and may serve as a pathway to additional health and social services, including additional prevention, treatment, and recovery services" (Substance Abuse and Mental Health Services Administration, 2023).





Data:



18-24-year-olds in Forsyth County are most likely to experience overdose from "Unknown" drugs and substances

> (Unseen Patterns, by MapForsyth and Forsyth **County Health and Human Services**, 2024)

Among 18-24-year-olds in Forsyth County, males are almost twice as likely to overdose as females





Efforts of North Carolina

SYRINGE SERVICES

North Carolina provides many syringe services that help decrease the probability of overdose deaths. The one specific to Forsyth county is Twin City Harm Reduction Collective. They offer peerbased training, mobile site, and a fixed site.

NCHRC

The North Carolina Harm Reduction Coalition provides many programs and services related to harm reduction. These include information to legislative advocacy, referrals to drug treatments and training on overdose recognition and reversal.

SSDP

There is a Students for Sensible Drug Policy branch in Forsyth County. They take harm reduction on directly. They do things such as testing drug samples that people bring in, and tell them what is in their sample. This leads to people hopefully making more informed decisions, to use drugs in the safest way possible.



FROST

FROST, or Forsyth Regional **Opioid and Substance Use** Team is a collective of representatives from over 80 different community agencies and community members. They aim to educate, provide prevention, promote harmreduction, remove barriers to access and treatment, and reduce stigma.



Salem College offers student leaders, such as residential assistants and orientation leaders, harm reduction training. During this training, students are given single-use naloxone kits. It is unclear whether this training is offered to all students.



Call to ACTION

On FROST's website, they list many Forsyth County and Winston-Salem organizations who partner with them. At present, Winston-Salem City Council is not listed as an active partner of FROST. We believe that reaching out to FROST regarding future partnership is a good first-step for Winston-Salem City Council. Furthermore, FROST also houses SSDP (Students for Sensible Drug Policy), allowing for CAB and the students they represent throughout the Winston-Salem area to have a more active role in harm-prevention throughout Forsyth County.

