



Winston-Salem

The Human Relations Commission's Plan of Action for Compassionate Winston-Salem



"Diverse Views, Common Cause, People Matter"

Below represents a possible hours of compassionate community programming service opportunities as well as guided acts of kindness, caring, and compassion. This Plan of Action is subject to ongoing updates.

MONTHLY THEMES	SUGGESTED COMPASSIONATE PROGRAMMING ACTIVITIES	GUIDED ACTS OF KINDNESS, CARING, AND COMPASSION
August Compassionate Kick-Off Art Appreciation Month	<ul style="list-style-type: none"> • <i>Reception</i> • <i>Press Conference</i> • Volunteer with the Arts Council 	<ul style="list-style-type: none"> • <i>Reception</i> • <i>Press Conference</i> • Create art and share it with friends
September Compassionate Winston-Salem Month Cultural Awareness Month Hispanic Heritage Month	<ul style="list-style-type: none"> • Anti-Bullying Walk (2 hours) • High School Race Relations Forum (1.5 hours) • Fiesta (1.5 hours) • International Village (2 hours) • Susan G. Komen Foundation Race for the Cure 	<ul style="list-style-type: none"> • Mentor a student • Volunteer at Big Brothers/Big Sisters
October Domestic Violence Month Disability Awareness Month Customer Service Month	<ul style="list-style-type: none"> • Day of Unity (1 hour) • Volunteer Training (2 hours) • Walk-A-Mile-in-Her Shoes (2 hours) • Anti-Bullying Campaign (4 hours) • African-Americans and Domestic Violence (5 hours) • Fundraiser for a United Way Agency (2 hours) • Support the Mayor's Council for Persons with Disabilities Annual Luncheon (2 hours) • Volunteer at Industries for the Blind (2 hours) • Volunteer at The Enrichment Center (2 hours) • Walk in the Crop Hunger Walk • Walk in the Heart and Stroke Walk • Participate in the Pride Parade (1 hour) 	<ul style="list-style-type: none"> • Mentor a student • Volunteer at Big Brothers/Big Sisters • Volunteer with Rachel's Challenge • Write a commendation note for good customer service
November Month of Thankfulness	<ul style="list-style-type: none"> • Volunteer at Samaritan Ministries (2 hours) • Volunteer at Second Harvest Food Bank (2 hours) • Volunteer at Big Brothers/Big Sisters • Support the Muscular Dystrophy Association Lock-Up • Salvation Army Christmas Program • Department of Social Services Adopt-A-Family Program 	<ul style="list-style-type: none"> • Provide rides for voting • Pay It Forward with a free meal • Sponsor a food drive • Adopt a veteran • Mentor a student • Leave extra change in a tip jar • Invite an elderly neighbor to dinner

<p>December Homelessness Awareness</p>	<ul style="list-style-type: none"> • March for Homeless Children (1 hour) • Volunteer at the Bethesda Center (2 hours) • Volunteer at ESR (2 hours) • Donate to Project HOPE 	<ul style="list-style-type: none"> • Sponsor a clothing drive for homeless children • Mentor a student • Volunteer at Big Brothers/Big Sisters
<p>January Race Relations Awareness</p>	<ul style="list-style-type: none"> • Young Dreamers Award Council Mtg. (2 hours) • MLK Annual Breakfast (2 hours) • MLK Noon Hour Commemoration (2 hours) • WSSU/WFU MLK Program (2 hours) 	<ul style="list-style-type: none"> • Mentor a student • Volunteer at Big Brothers/Big Sisters • Volunteer covering a needy person's heating bill
<p>February Black History Month Human Relations Month Teen Violence and Abuse Awareness Month</p>	<ul style="list-style-type: none"> • Human Relations Student Awards Banquet (4 hours) • Showcase of Song (2 hours) • Volunteer with Family Services to distribute information regarding Teen Violence and Abuse (2 hours) 	<ul style="list-style-type: none"> • Mentor a student • Hold the door for others • Give up a seat for others • Volunteer at Big Brothers/Big Sisters • Volunteer with Rachel's Challenge
<p>March Women's History Month</p>	<ul style="list-style-type: none"> • Attend at least one special program at Salem College (2 hours) • Donate to Dress for Success for needy professional women 	<ul style="list-style-type: none"> • Mentor a student • Volunteer at Big Brothers/Big Sisters • Have a Prom Dress Drive
<p>April Fair Housing Month Prevention of Cruelty to Animals Month</p>	<ul style="list-style-type: none"> • Fair and Affordable Housing Summit (3 hours) • Support the Spanish Nite scholarship gala (4 hours) • Volunteer at the Senior Services (2 hours) • Volunteer with Keep Winston-Salem Beautiful (2 hours) • Volunteer at the Forsyth County Animal Shelter (2 hours) 	<ul style="list-style-type: none"> • Pick random yards to rake • Pick random yards to mow • Adopt a Street • Clean sweep random neighborhoods • Plant flowers for the elderly and/or disabled • Organize a group to clean a stream • Donate food to a local animal shelter • Rescue a dog or cat
<p>May Interfaith/Jewish American Heritage Month National Foster Care Month National Asian Pacific Islander American Month National Teacher Appreciation Month</p>	<ul style="list-style-type: none"> • Attend a service at a local temple (2 hours) • Attend the Greek Festival (4 hours) 	<ul style="list-style-type: none"> • Organize a Mother's Day program at Senior Services • Volunteer at Big Brothers/Big Sisters • Thank a teacher
<p>June Inclusion/LGBT Pride Month</p>	<ul style="list-style-type: none"> • Attend a PFLAG meeting (2 hours) • Participate in the Juneteenth Festival (4 hours) 	<ul style="list-style-type: none"> • Volunteer at a community garden • Provide free car washes and donate the proceeds
<p>July Park and Recreation Month</p>	<ul style="list-style-type: none"> • Volunteer at a local park or recreation center 	<ul style="list-style-type: none"> • Sponsor a back-to-school drive for school supplies for needy children